



**Cruising Yacht Club  
of South Australia**

**Racing Association**

# SAILING INSTRUCTIONS 2016–2017

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**YALUMBA**  
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### Revision Record

Issue	Date	Description of revision
A	13 September 2016	First Draft
1	5 October 2016	Published
2	7 October 2016	Revision to 16.1
3	21 October 2016	Addition of 24.1
4	1 March 2017	Revision of 12.1

## 1 RULES

- 1.1 All races will be governed by the rules as defined by the Racing Rules of Sailing (RRS) 2013 – 2016.
- 1.2 Prescriptions and safety regulations of Australian Sailing (AS) shall apply.
- 1.3 The South Australian Recreational Boating Regulations (DTEI) and the International Regulations for Prevention of Collisions at Sea. 1972 (COLREGS) shall apply.
- 1.4 Nothing in these Sailing Instructions or Notice of Race relieves a boat of her responsibility under civil law to comply with the International Regulations for Preventing Collisions at sea or local conditions.
- 1.5 Between sunset and sunrise, when a boat cannot determine with certainty what tack the other boat is on, she shall keep clear of that boat. Competitors are reminded that part of the definition of “room” in the RRS includes taking into account the existing conditions (including visibility).
- 1.6 A boat, while racing, shall not cause interference to commercial shipping or other vessels having right of way under the government right of way regulations.
- 1.7 The following alterations have been made to the rules:
  - 1.7.1 RRS 50.2 and 50.3 are amended to permit boats to tack spinnakers to bowsprits or bow poles.
  - 1.7.2 RRS 51, Movable or Variable ballast (within the meaning of those terms in the special regulations) is altered by adding ‘except that canting keels and transferable water ballasting and pumps to fill, transfer and exhaust water ballast are allowed for the purpose of changing trim or stability’.
  - 1.7.3 RRS 52 (Manual Power) shall not apply. Stored power is permitted for the adjustment and operation of sails and movable appendages.
- 1.8 For boats competing in IRC Divisions, the IRC Rules Part A, B and C shall apply.
- 1.9 Boats with extendable bow-sprits shall have them retracted when not in use on a windward leg of the course, except when approaching the windward mark. After rounding a leeward mark, it shall be retracted as soon as practicable.
- 1.10 RRS 55: RRS 55 will apply, disposal of sail bands is not allowed.
- 1.11 Supplementary Sailing Instructions may be issued for any race and shall be read in conjunction with these Sailing Instructions (SIs) and take precedence where there is a conflict. Any and all amendments shall apply to those/that race(s) unless expressly stated as permanent changes. The Supplementary Sailing Instructions will be available from the Nomination Desk at least two hours prior to the scheduled warning signal.
- 1.12 The race committee of the Port Lincoln Yacht Club (PLYC) will conduct and issue separate Notice of Race and Sailing Instructions for the **Club Marine / Lexus**

**Adelaide-to-Port Lincoln Yacht Race.** Where there is a conflict they shall replace these Sailing Instructions, with the exception of the following. Entrants in the CYCSA Offshore Series must comply with CYCSA Sailing Instructions (2016-2017) 6.9.1 for the **Club Marine / Lexus Adelaide-to-Port Lincoln Yacht Race**. Entrants competing in the CYCSA Offshore Series Adelaide-to-Port Lincoln Race shall also be entrants in the PLYC **Club Marine / Lexus Adelaide-to-Port Lincoln Yacht Race**.

Please note that The CYCSA Racing Executive strongly recommends that all CYCSA boats entered in the Bluewater Classic comply with CYCSA safety requirements as outlined in CYCSA Sailing Instructions (2016-2017) 6.9.1.

- 1.13 The CYCSA Short-handed Safety Protocol shall apply to Short Handed events.

## 2 RACE ENTRY

- 2.1 Races are open to boats owned or chartered by members of the CYCSA. Entries from boats owned by members of other clubs may be accepted at the discretion of the Racing Executive (see SI 6.3). Only boats owned or chartered by members of the CYCSA will be eligible to win a series. This caveat does not apply to the South Australian IRC Division 1 Championship, the South Australian AMS Division 1 Championship, the South Australian AMS Division 2 Championship, the Short-handed Series, and Regattas.
- 2.2 Boats participating in races conducted by the CYCSA shall be insured with third party liability insurance with a minimum cover of \$10,000,000.
- 2.3 Boats whose owners have not paid all fees due to the CYCSA will be refused entry. However this instruction may be waived following application in writing to the Racing Executive.
- 2.4 Registration times for all series will be as nominated on the entry form available on the club website ([www.cycsa.com.au](http://www.cycsa.com.au)) or from the Club Reception at least 2 weeks prior to the commencement of the season. Boats intending to race in a Series shall complete the relevant entry form(s) by the required date. A boat failing to complete the relevant entry form(s) will be considered as a casual entry for those races at the discretion of the Racing Executive.
- 2.5 Boats shall submit current copies of their **signed** SR Equipment Compliance form (category safety form) for each race category entered, applicable rating certificate(s), and insurance certificate to the Club Reception prior to racing in any series or race. Failure to do so will result in a boat being scored DNC until all required documentation is lodged. A skipper or boat representatives' signature on the form shall be deemed as a declaration that the boat complies with the applicable requirements.
- 2.6 The Racing Executive reserves the right to refuse or cancel an entry or require further documentation to support a boats entry in accordance with rule 76.
- 2.7 **Entry fees** for Series will be as specified on the CYCSA website, ([www.cycsa.com.au](http://www.cycsa.com.au)). Late entry for a Series may be accepted at the discretion of the Racing Executive (SI 2.4).

Boats may enter race by race by paying a casual entry fee but will not be eligible for Series trophies. Casual entries shall be paid on the day at the Race Office. Casual entry fee will be \$25, including GST, per race.

2.8 Boats wishing to enter a Series part way through may do so at the discretion of the Racing Executive.

2.9 All crew on boats entered in club series races such as the Club Inshore championship, Club Offshore championship or Coaster Series shall be a member of the CYCSA Racing Association. Details of the various membership options are available on the CYCSA website, ([www.cycsa.com.au](http://www.cycsa.com.au)). Any boat failing to observe this rule may be subject to protest.

Where a crew member(s) is not a member of the CYCSA Racing Association, a "CYC Day Pass Membership Form" must be submitted for each crew person prior to racing.

Where the crew person does not have a Australian Sailing number, the "CYC Day Pass Membership Form" shall be submitted. In accordance with rule 56; "...any crew member that sails in more than 3 race days in any one sailing season, shall be a member of a Club affiliated to an MYA and a Australian Sailing Card holder." These persons are entitled to three race days without charge.

Where the crew person is a member of a Club affiliated to an MYA and an Australian Sailing Card holder the "CYC Day Pass Membership Form" must be submitted and the appropriate fee paid.

Crew participating in Invitational regatta events hosted by the CYCSA such as Premiers Cup, Queen of the Gulf, Great Southern Regatta, IRC and AMS State Title races shall be a member of a Club affiliated to an MYA and an Australian Sailing Card holder. Where the crew person does not have an Australian Sailing number, the "CYC Day Pass Membership Form" shall be submitted. In accordance with rule 56; "...any crew member that sails in more than 3 race days in any one sailing season, shall be a member of a Club affiliated to an MYA and an Australian Sailing Card holder" these persons are entitled to three race days without charge.

This shall not apply to Twilight races. Dispensation from AS has been granted on 18 July 2016.

2.10 For Category 6 races all boats shall 'sign on' at the Nomination Desk prior to the warning signal of a race. For multi-day regattas, boats shall sign on each day. Sign on shall include Boat Name, Sail Number, Number of crew on board (including skipper) and a signature of a crew member.

For Category 3 races, sign on shall be as per SI 19.4.

A verbal 'sign on' will not be accepted by the Committee Boat for any race. Up to 30 minutes before the start sign on by phone to the CYCSA Racing Manager is acceptable.

Failure to sign on will result in a DNC being recorded.

- 2.11 The Racing Executive will consider a change of ownership of a boat as a new entry.
- 2.12 Boats, which have not raced at the Club during the previous 12 months, shall enter **at least 48 hours prior to racing** to obtain a handicap. Late entries may be given a scratch handicap for that race.

### 3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be placed on the **Official Notice Board** located in the covered patio area or in the Race Office during renovations.
- 3.2 The **Nomination Desk** is located in the covered patio area or in the Race Office during renovations.

### 4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions will be posted on the Official Notice Board not less than 2 hours prior to the warning signal for the first race in which the change will take effect. This will be indicated by the code flag L flown from the club mast and a single sound signal.
- 4.2 Verbal changes to the Sailing Instructions may be made from the Committee Boat by displaying the 'Third Substitute' with two sound signals followed by no less than three broadcasts over the VHF race radio channel. Failure by the competitor to hear the transmissions will not be grounds for redress. This changes RRS 62.1(a).

### 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the club flagpole.
- 5.2 **Postponement Signals:** When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP. This changes RRS signals.

### 6 SAFETY CATEGORY OF EVENTS / COMPLIANCE

- 6.1 All **inshore races** shall be Category 6 as per YA Special Regulations Part 1 and boats shall conform to YA special regulations as a minimum standard. Where Department of Transport requirements for boats in unprotected waters exceed the YA Special Regulations Part 1, then the Department of Transport regulations shall take precedence.
- 6.2 All **offshore races** conducted by the CYCSA shall be Category 3 unless altered by Supplementary Sailing Instructions.
- 6.3 All boats intending to race in CYCSA organised events shall submit a current copy of their **signed** SR Equipment Compliance form (category safety form) for each race category entered to the Club Reception prior to racing. This document is available on the CYCSA website, ([www.cycsa.com.au](http://www.cycsa.com.au)). Skippers are responsible for ensuring the safety compliance form is properly completed and that any changes to the boat, its equipment, supplies or crew does not invalidate the compliance. All safety compliance forms will expire at the end of the last race of the 2016-2017 season. Boats owned by members of other clubs shall provide the

Club Reception with a current copy of their **signed** SR Equipment Compliance form (category safety form) for each race category entered. It is not necessary to have a CYCSA Racing Association Safety Officer present when the form is completed. Boats failing to comply will be scored DNC.

A skipper or boat representatives' signature on the form shall be deemed as a declaration that the boat complies with the applicable requirements.

- 6.4 Boats shall carry a copy of their current **signed** SR Equipment Compliance form (category safety form) for each race category entered while racing.
- 6.5 Boats competing in Short-handed races shall comply with the CYCSA Short-handed Safety Protocol. This document is available on the CYCSA website, ([www.cycsa.com.au](http://www.cycsa.com.au)).
- 6.6 The Racing Executive reserves the right to audit a boat at any time for safety compliance. Non-compliance will be subject to protest.
- 6.7 Each boat participating in a Series shall be represented by a minimum of one crew at the Season Briefing, as scheduled in SI 24. An official attendance sheet shall be signed by the yacht's representative. **Failure to attend will result in a yacht being ineligible to participate in a Series.** This instruction may be waived for competitors as described in SI 2.8 at the discretion of the Racing Executive.
- 6.8 **Crew complement** shall be as follows:

**Category 3:** a minimum of 4 able crew with a minimum age of 18 years. For crew numbers between 5 and 8, four able crew shall have a minimum age of 18 years. For crew numbers in excess of 8, at least 50% shall have a minimum age of 18 years. The skipper and/or sail master shall have a minimum age of 18 years.

**Category 6:** a minimum of 3 able crew, provided at least 50%, including the skipper and/or sail master have a minimum age of 18 years.

**Short-handed races:** 2 able crew with a minimum age of 18 years.

Crew complements may be varied at the discretion of the Racing Executive.

## 6.9 Crew certification

6.9.1 **Category 3:** Crew composition, training and experience must meet the following minimum standard.

- a) The skipper and/or sailing master shall hold a current safety certificate.
- b) A minimum of 4 crew participating in the race shall hold a current certificate for a safety course approved by the Racing Executive. Approved courses and period of currency are; CYCSA Safety Day completed within

the last 3 years or AS Safety & Sea Survival Course completed within the last 5 years.

- c) For crew numbers between 5 and 8, four crew shall hold a current safety certificate. For crew numbers in excess of 8, at least 50% shall hold a current safety certificate.

6.9.2 **Short-handed races:** both crew shall hold a current safety certificate and be familiar with the Short Handed Safety Protocol.

6.9.3 The Racing Executive is mindful of our Duty of Care. If these requirements cannot be met, the skipper may apply for dispensation via the Racing Executive no later than 7 days prior to racing.

## 6.10 Personal Flotation Devices

6.10.1 On boats with lifelines that do not comply to AS Special Regulations 3.12, at all times whilst racing, all crew shall wear a Personal Flotation Device (PFD), as per AS Special Regulations Part 1 Section 5.

6.10.2 **Short-handed races:** At all times whilst racing, both crew shall wear a PFD, as per AS Special Regulations Part 1 Section 5.

6.10.3 Attention is drawn to AS Special Regulations 5.01.1 (d)(i) A PFD shall be worn by each member of the crew when on deck between the hours of sunset and sunrise.

6.11 Boats with lifting keels shall lock the keel down using a non-friction device at all times while racing.

6.12 Retiring: A boat that retires from a race shall lower her Racing Flag and notify the Race Committee at the finish line or the authority nominated to conduct the radio monitoring as soon as possible after retiring, and before the end of the protest time limit. Boats shall also sign the Declaration Retirement form available from the Nomination Desk. Failure to comply will result in a boat being scored DNE. Boats retiring from offshore events shall comply with SI 19.6. A boat that has signed on has an obligation to finish the race or retire.

6.13 Commercial shipping as per RSAYS 6.10??

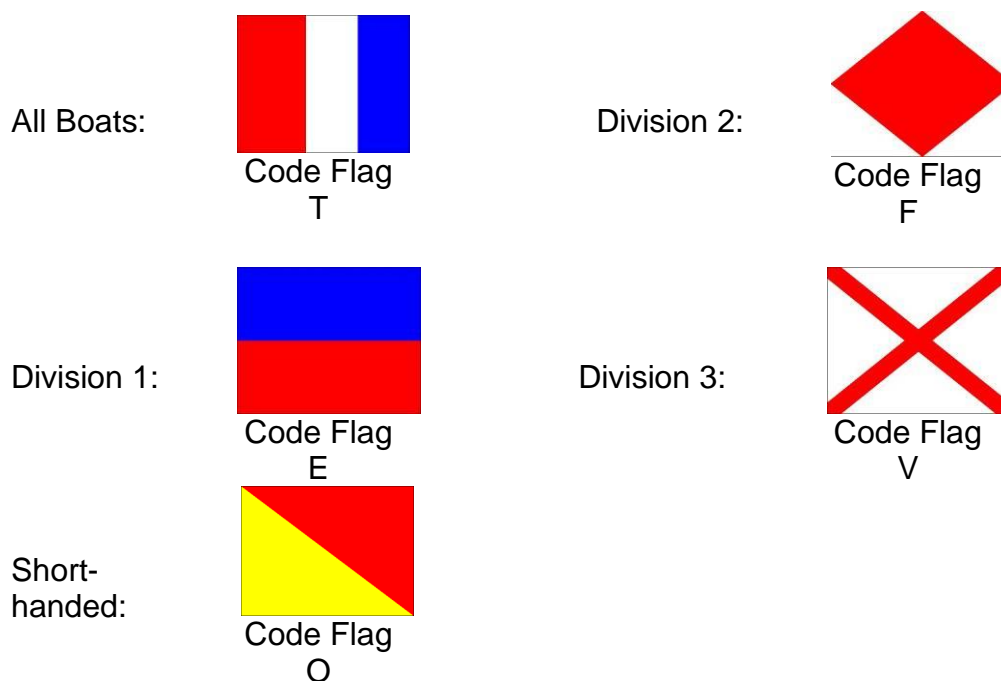
## 7 DIVISIONS AND CLASSES

7.1 The Racing Executive will allocate boats to a division or class for a Series or race.

7.2 To form a division or class there shall be a minimum of 5 boats. Formation of a Division or Class shall be at the discretion of the Racing Executive. The formation of a class or division will not automatically give that class or division a separate

7.3 Division and Class Flags:





- 7.4 Boats shall conspicuously display the appropriate racing flag(s) as shown in SI 7.3 or other flags/pennants as instructed on a backstay or other stern attachment whilst racing. For Twilight Racing refer to SI 20.3.

## 8 SCORING

- 8.1 All Regattas and Series ties will be broken using rule A8.
- 8.2 To constitute a Series a minimum of four races must be programmed.
- 8.3 **Minimum Entries/Starters**
- 8.3.1 Minimum number of entries in any Series shall be five.
- 8.3.2 Minimum entries for a race shall be three, except as provided in SI 8.3.3.
- 8.3.3 For a race that is part of a Series there shall be no minimum entries.
- 8.4 Casual entries will not be scored for series results.

## 9 HANDICAPPING

- 9.1 A computer generated Handicapping System will be used for CYCSA PHS Series races. Details of this system are given in the 2016-2017 season Notice of Race.
- 9.2 Club handicaps may be posted on the Official Notice Board not less than 1 hour prior to the warning signal for the race to which they apply. Handicaps will only be posted for the first race of the day on a multiple race day. Handicaps for subsequent races on the same day may be subject to change.
- 9.3 Change of nominated helmsperson. The helmsperson shall be nominated on the entry form for each series. The Racing Executive shall be advised of a change to

the helmsperson at least 24 hours prior to a race. A change of helmsperson may vary a boat's handicap. This does not preclude crewmembers taking the helm for short periods during a race or helming during their watch in an offshore race, but not during the starting period.

9.3.1 For short-handed races, either crew may helm at any time.

## **10 SAIL NUMBERS / ALTERATION TO BOATS**

- 10.1 Mainsails, overlapping headsails and spinnakers shall carry the boats registered sail number. These shall be the same sail numbers in accordance with rule 77. This Sailing Instruction is the warning and opportunity to correct in accordance with rule G4.
- 10.2 A boat shall notify the Race Office when a sail number does not match the registered sail number on the entry form. Failure to do so may result in being scored DNC.
- 10.3 Changes to sail numbers are to be fixed as soon as practicable; but not longer than one calendar month. Failure to do so may result in being scored DNC until sail numbers are corrected.
- 10.4 The Racing Executive shall be advised in writing of any alterations to a boat and/or its equipment that may affect its performance not less than 48 hours before racing. Changes will be posted on the Official Notice Board.

## **11 COURSES**

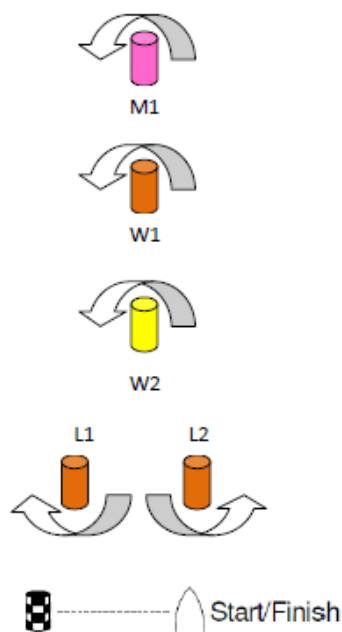
### **11.1 Inshore Courses**

11.1.1 Inshore courses will be either windward/leeward, fixed mark, course TBA or triangle. Where fixed mark, course TBA or triangle courses are programmed, the course will be available at the Nomination Desk approximately 2 hours prior to the warning signal.

11.1.2 The "Gate" is defined as two buoys L1 and L2. Boats shall pass between L1 and L2, and then leave L1 to Starboard or L2 to Port.

#### **11.1.3 Windward/Leeward Courses**

The number of laps to be sailed will be indicated on the Committee Boat as per SI 14.3.



### Division 1

- 1 lap = Start, W1 (P), Finish.
- 2 laps = Start, W1 (P), Gate, W1 (P), Finish.
- 3 laps = Start, W1 (P), Gate, W1 (P), Gate, W1 (P), Finish.
- 4 laps = Start, W1 (P), Gate, W1 (P), Gate, W1 (P), Gate, W1 (P), Finish.

### Division 2 & J24

- 1 lap = Start, W2 (P), Finish.
- 2 laps = Start, W2 (P), Gate, W2 (P), Finish.
- 3 laps = Start, W2 (P), Gate, W2 (P), Gate, W2 (P), Finish.
- 4 laps = Start, W2 (P), Gate, W2 (P), Gate, W2 (P), Gate, W2 (P), Finish.

### Multihull

- 1 lap = Start, M1 (P), Finish.
- 2 laps = Start, M1 (P), Gate, M1 (P), Finish.
- 3 laps = Start, M1 (P), Gate, M1 (P), Gate, M1 (P), Finish.
- 4 laps = Start, M1 (P), Gate, M1 (P), Gate, M1 (P), Gate, M1 (P), Finish.

## 11.2 Offshore Courses

Additional Sailing Instructions will be issued for all offshore races. These will be available at the Nomination Desk two hours prior to the warning signal.

## 11.3 Coaster Courses

Courses will be available at the Nomination Desk two hours prior to the warning signal.

The finish line will be as per SI 15.2 or as indicated on the Supplementary Sailing

Instructions for the race.

#### 11.4 **Short-handed Courses**

Courses will be available at the Nomination Desk one hour prior to the warning signal.

The finish line will be as per SI 15.2 or as indicated on the course on the day of the race.

11.5 Should variable conditions require changes to the published course, such changes will be announced over the radio by the committee boat. This announcement will be repeated three times in full. Skippers are reminded to monitor the race radio channel.

11.6 **Glenelg Breakwater:** Boats shall not pass between the lights marking the northern and southern ends of the old Glenelg Breakwater. There are a number of underwater obstructions along the eastern side and the southern end of the Glenelg Breakwater.

11.7 **Outer Harbour Southern Breakwater:** Boats shall not pass between the beacon and extremity of the breakwater.

## 12 MARKS

12.1 The starting and finishing marks will be a black and white chequered buoy or a pink buoy.

12.2 **Inshore races:** Course Marks will be large inflatable buoys or other fixed marks as described in the course description on the day. W1 will be orange, and W2 will be yellow. L1 and L2 will be orange.

12.3 **New Marks:** New marks for course changes will be: W1 orange with a black band. W2 yellow with a black band. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

12.4 **Offshore races:** Course marks will be detailed in additional Sailing Instructions.

## 13 STARTING LINES

13.1 **Outside River Start Line:** The starting line will be between a staff displaying an orange flag on the Committee Boat at the one end and the starting mark at the other end.

13.2 **Inside River Start Line:** The starting line will be between a staff displaying an orange flag on the Committee Boat (on the western side of channel) and the southern edge of the vertical blue panel on the Outer Harbour Signal Tower unless otherwise prescribed.

13.3 A buoy carrying a pink flag may be moored near or streamed from the Committee Boat. For the purpose of the application of the rules, this buoy is deemed to be part of the Committee Boat and any boat touching the buoy or passing between it and the Committee Boat shall be deemed to have touched the Committee Boat.

## 14 STARTING PROCEDURES

- 14.1 Signals for starting will be as per rule 26 unless prescribed otherwise. Rule 26 is amended as follows: the warning signal for each succeeding class/division will be made *with* the starting signal of the preceding class/division with the exception of Twilight Races.
- 14.2 When more than one race is held on the same day, the warning signal for each succeeding race will be made as soon as practicable after the last boat in each division finishes in the preceding race. To alert boats that a race or a sequence of races will begin soon the Answering Pennant along with the division or class flag will be displayed before the warning signal is made.
- 14.3 For **Windward/Leeward** races (SI 11.1.3) during the starting sequence a numeral pennant will be flown directly below the division flag, on the same halyard. This will indicate the number of laps to be sailed by the indicated division. Numeral pennant 1 = 1 lap, numeral pennant 2 = 2 laps, numeral pennant 3 = 3 laps and numeral pennant 4 = 4 laps.
- 14.4 Starting countdowns may be broadcast on VHF 77.
- 14.5 Prior to the warning signal the approximate bearing and distance in nautical miles to the windward mark may be displayed on the Committee Boat.
- 14.6 Prior to the starting sequence, boats shall keep clear of official boats engaged in mark laying. Boats that interfere with official boats maybe subject to protest.
- 14.7 **Restart after a general recall:** General recalls will be made in accordance with rule 29.2, except that in the case of multiple starts the warning signal for the recalled division will be made with the start signal for the last division starting.
- 14.7.1 RSAYS Races: Following a general recall the start(s) for succeeding class(es) will be delayed accordingly.
- 14.8 For Offshore Races, boats which are premature starters and fail to return shall have 20% added to their elapsed time. Premature starters may be called on VHF 77 after the start. For Inshore Races, boats which are premature starters and fail to return may be called on the prescribed radio channel for the day, after the start.
- 14.9 **Starting time limits**
- 14.9.1 For **inshore races** a boat shall not start later than 10 minutes after her start signal.
- 14.9.2 For **offshore races** a boat shall not start later than 20 minutes after her start signal.
- 14.10 Late to the start line: A boat running late for the start may use its engine after the preparatory signal for the purpose of proceeding to the starting area, providing that before starting, the boat shuts off her engine and after getting well clear of all other makes, makes 1 tack and 1 gybe in the same direction (1 penalty turn) under sail. A boat taking a penalty turn shall report, in writing, the circumstances

to the Race Office after the race and within the protest time limit.

### 14.11 Handicap Starts

14.11.1 A list of start times and the start and recall system will be displayed on the Official Notice Board not less than 2 hours before the warning signal for the first boat.

14.11.2 A notice board will be displayed on the Committee Boat on the start line. Numerals on the board will indicate when competitors shall start. Competitors shall start as their allocated time appears on the board, i.e.

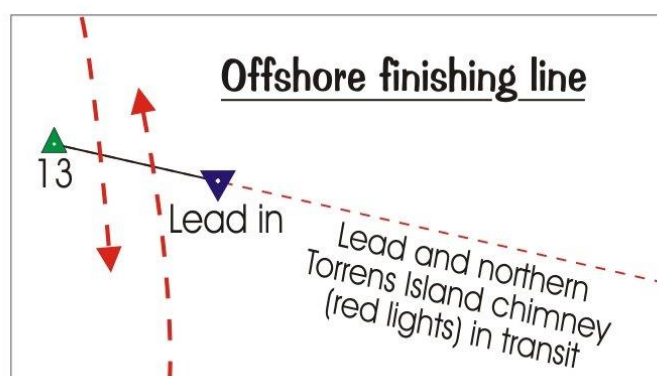
When 00 appears it is race start time.

When 01 appears it is race start time plus one minute and so on.

14.11.3 **Recalls for handicap starts:** A sound signal will indicate if any boat has started prematurely. Those who start prematurely shall sail completely to the pre-start side of the line before restarting. Sail numbers of boats that are OCS at their start time may be broadcast on VHF 77.

## 15 FINISHING LINES

15.1 **Offshore finish line:** The offshore finish line will be an imaginary line between the Number 13 beacon and the Lead In beacon and can be approached from either side. The offshore finish line is in transit with the O/H Front and O/H Rear beacons and the Northern Torrens Island Chimney (red lights). Boats shall record their own finishing time and sign off as per SI 19.6.



15.2 **Outside River Finish Line:** The finish line will be between a staff displaying a blue flag on the Committee Boat and the finish mark.

15.3 **Inside River Finish Line:** The finish line will be between a staff displaying a blue flag on the Committee Boat on the western side of the channel and the southern edge of the Vertical Blue Panel on the Outer Harbour Signal Tower.

15.4 **Changing the Finish Line:** When it is considered that the conditions are such that SI 15.2 is impractical, placing a buoy displaying Code Flag G adjacent to the last mark of the course shall indicate a change of finish line. After passing all other required marks of the course, boats shall pass between this buoy and the last mark and then proceed to the new finish line, described in SI 15.3.

## 16 TIME LIMIT

- 16.1 **Inshore races:** The time limit for all boats will be 4 hours unless otherwise indicated. The time limit may be extended by 1 hour, at the discretion of the Race Officer, in order to attempt to finish the majority of the fleet. This will be notified to all boats by VHF radio on the channel for the day. No flag shall be displayed. This communication will be made between the third and fourth hour after the start time. Failure to hear this transmission will not be grounds for redress. This changes rule 62. Where two races are programmed on the same day, the time limit shall be 2 hours for each race. Boats failing to finish within the time limit shall be scored TLE. This changes RRS A4.2 and RRS 35.
- 16.2 Races will not be started after 15:00.
- 16.3 **Twilight races:** Time limit for all boats will be 20:00hr or official sunset, whichever is earlier. This changes rule 35.
- 16.3.1 Any boat still racing when her time limit expires will be scored points equal to the number of boats finishing within the time limit plus 25% of the number of starters in her class or division, rounded to the nearest whole number, but no more points than the number of starters. Such boats will be scored Time Limit Expired (TLE). This changes RRS 35, A4.2 and A5.
- 16.4 **Short-handed short course races:** The time limit for all boats will be 3 hours. Boats failing to finish within this time shall be scored DNF. This changes rule 35.
- 16.5 **Category 3 races:** There is no time limit.

## 17 RADIO COMMUNICATIONS

- 17.1 In accordance with rule 41, the Race Committee may broadcast the course to be sailed, names/sail numbers of OCS boats, and/or any other information of interest to competitors. Any failure of, or defect in, such a broadcast will not be grounds for redress. This changes rules 60.1 and 62. For this purpose, in Category 6 races boats may carry a handheld VHF radio.

## 18 PROTESTS

- 18.1 Protests shall be lodged as per rule 61 to the Racing Manager, Race Officer, a member of the Racing Executive or a CYCSA office employee.
- 18.2 **For Inshore and Twilight Races**, protests shall be in writing and lodged within 2 hours of the last boat's finishing time or when multiple races are held on one day, within 2 hours of the finishing time of the last boat in the last race of the day.
- 18.3 **For Offshore Races** protests shall be in writing and lodged by 1500 on the day following the protesting boat's finishing time.

**For Offshore Races only**, protests may be left in the Racing Declarations Box providing an email or phone call to the Racing Manager or any REX Member is also lodged within the time frame of 1500 the day following.

- 18.4 The Organising Authority will advise the date and time of the protest hearing.
- 18.5 Protests received on day 1 of the Premier's Cup or Great Southern Regattas will be heard on the same day or night as the protest is lodged.
- 18.6 Protests received on the final race day of the Premier's Cup, Great Southern or Queen of the Gulf Regattas will be heard as soon as possible after the protest is lodged.

## 19 OFFSHORE RACES – SPECIAL REQUIREMENTS

- 19.1 Each boat shall submit a completed "Offshore Race Crew List" at the Nomination Desk listing crew details and radio(s) to be used at least two hours prior to the warning signal. Please note – this list must be **legible** and a typed list is preferred.
- 19.2 Offshore Race Crew List is an essential part of the safety protocols. Late submission of the Offshore Race Crew List will attract a 20% time penalty to the elapsed time.
- 19.3 The Crew list is to contain; Crew names, AS Number, and Next of Kin contact details and relationship
- 19.4 In addition to section 19.1 boats shall 'sign on' at the Nomination Desk at least one hour prior to the warning signal.
- 19.5 Sign on and race documentation for the Adelaide to Port Lincoln Blue Water Classic will be sufficient for entry into the CYCSA series Race 5.
- 19.6 **Each boat shall sign off**, regardless of finishing the course, by submitting a completed "Offshore Declaration Form", recording the boat's **finishing time** (elapsed time will not be accepted), ship's time and club time at the Nomination Desk within 3 hours of finishing. Failure to comply will result in a boat being scored DNE.
- 19.7 Radio procedures for Offshore Races
- 19.7.1 HF and/or VHF radios are mandatory.
- 19.7.2 **Race frequencies** shall be 2524 kHz or VHF 80. Boats shall maintain a continuous listening watch on VHF 16 for the duration of the race, except during radio schedules.
- 19.7.3 **Pre-Race Radio Checks:** All boats shall call the nominated radio base between the times specified in the additional Sailing Instructions. These checks shall be on 2524 kHz or Ch 80 and confirm their intention to start and the number of crew on board. A boat failing to complete her Pre-Race Radio Check shall not start.
- 19.7.4 **Reporting of Positions:** All boats shall report their position at the nominated time of the radio schedule to the radio base nominated in the additional Sailing Instructions. Boats failing to report their position shall have 10% added to their elapsed time for each schd missed. The Racing



Executive may, upon receiving a satisfactory written explanation within the protest time limit, waive this penalty. This changes rule 63.1. Please refer to SI 18.3 for Protest Lodgment procedure.

19.7.4.1 Position reports shall be given as a 4-digit latitude and 5-digit longitude and nominate their next mark of the course.

19.7.4.2 Boats providing an incorrect position shall be scored DSQ.

19.7.5 Boats which retire shall advise immediately of their intentions to the radio base nominated in the additional Sailing Instructions and shall continue to report their position as per the scheduled times until they reach their port. Failure to comply will result in a boat being scored DNE.

19.7.6 **Radio sign off:** Boats shall notify the radio base nominated in the additional Sailing Instructions as soon as possible after finishing.

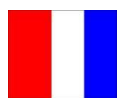
## 20 TWILIGHT RACES – SPECIAL REQUIREMENTS

20.1 A boat, while racing, shall not cause interference to commercial shipping or other vessels having right of way under the government right of way regulations.

20.2 The Racing Executive will allocate boats to a division for the Twilight Series.

20.3 Division Flags for Twilight races shall be;

Cruising A:



Code Flag  
T

Cruising B:



Code Flag  
F

20.4 Boats shall display a racing pennant for all twilight races in accordance with SI 20.3 and SI 7.4.

20.5 For Twilight Races, no spinnakers, bloopers, gennakers, code zeros or staysails are to be used. Main and foresail only. Spinnaker poles may be used to pole out a headsail.

20.6 For twilight races only, a boat running late for the start may use her engine after the preparatory signal for the purpose of proceeding from the marina to the starting line, providing that before crossing the start line, the boat shuts off her engine and, getting well clear of other boats, makes one tack and one gybe under sail.

20.7 Helmsmen or owners shall be financial members of the CYCSA and a member of the CYCSA Racing Association.

20.8 The Board of Yachting SA has granted the CYCSA an exemption for Twilight Races conducted during the 2016-2017 season from AS prescription rule 56. This exemption was granted on 16 July 2016.

## 20.9 Twilight courses

20.9.1 Courses will be available at the Nomination Desk one hour prior to the warning signal.

20.9.2 The Start Line will be within 3 nautical miles of the North Haven Entrance.

20.9.3 At or before the first warning signal, a plain RED or GREEN flag will be displayed on the Committee Boat. For these races;

- A RED flag shall indicate that the first windward mark, when applicable, shall be left to Port.
- A GREEN flag shall indicate that the first windward mark, when applicable, shall be left to Starboard.

All other marks shall be rounded on the correct side as per the published course.

20.9.4 The first windward mark will be a large orange inflatable buoy.

## 21 PRIZES

21.1 The list of prizes for the 2016-2017 season are as per the Notice of Race, available on the CYCSA website ([www.cycsa.com.au](http://www.cycsa.com.au)).

## 22 DEFINITIONS

22.1 **Race Committee:** The Racing Executive of the Cruising Yacht Club of South Australia (CYCSA) shall be the Organising Authority for the purpose of, and with the powers and discretion contained in rule 88.1.

22.2 **Inshore Races** are races conducted within an area extending no more than 5 nautical miles from the coastline.

22.3 **Offshore Races** are only those races listed in the Offshore Series and may extend beyond the limits referred to in SI 22.2.

22.4 **Short-handed Short Course Races** are races conducted within an area extending no more than 5 nautical miles from the coastline.

22.5 **Short-handed Destination Races** may extend beyond the limits referred to in SI 22.4.

22.6 A **Casual Entry** is a boat not entered in a series.

## 23 DISCLAIMER OF LIABILITY

### Warning

Sailing and activities associated with it involve risks of personal injury, loss, damage and even death. The risks include, but are not limited to, the risk of injury from collision, capsizing, falling overboard, being trapped under a sail or boat after capsized and impact with equipment. The risks involved in this activity are increased by, adverse weather conditions, inadequate training, fatigue, inexperience, failure to maintain the boat, failure to supply and use the recommended safety equipment and failure to observe the RRS, YA Prescriptions and the Sailing Instructions.

- 23.1 The Organising Authority relies upon the provisions and limitations of the South Australian Civil Liability Act 1936 and notifies all race participants who engage in recreational activity that they do so at their own risk. See rule 4, Decision to Race, **“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”**.
- 23.2 Having given this risk warning, the Organising Authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after racing.

## 24 SCHEDULE OF RACES

24.1 Change to scheduled races for J24/Etchells: Scheduled J24/Etchells warning signals will now be 5 minutes after the Division 2 warning signal, or 5 minutes after the warning signal of a combined start. This will be a combined J24 and Etchells warning signal.

### Series Key

Club	Inshore Club Championship race (IRC, AMS, PHS)
Coaster	Coaster Series race (AMS, PHS)
Offshore	Offshore Series race (IRC, AMS, PHS)
IRC	South Australian IRC Championship race (IRC)
Shield	Commodores Shield race
AMS	South Australian AMS Championship race (AMS)
Winter	Winter Series Race (AMS, PHS)
Short-handed	Short-handed Series Race (PHS)
Tri	Tri-Series (PHS) (CYCSA / RSAYS / PASC)

Races listed in this schedule that are conducted by other organisations may not use these sailing instructions. Unless noted otherwise.

All times listed for races are for the **Warning Signal**.

### September 2016

Sunday 18 <sup>th</sup>	<b>CYCSA Safety Day</b>	0900
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### October 2016

Thursday 6 <sup>th</sup>	Season Briefing	1900
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Saturday 8 <sup>th</sup>	<b>Club Inshore Series (Course TBA)</b>	
	Division 1: Club 1	1255
	Division 2: Club 1	1300
	RSAYS Multihull	1305

Wednesday 12 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 1 Race 1	
	Cruising Division B	1755
	Cruising Division A	1805

Saturday 15 <sup>th</sup>	<b>Offshore</b> Tapley Shoal (approx 70nm)	
	All Boats: Offshore 1	1155

Saturday 15 <sup>th</sup>	<b>Coaster Series</b>	
	All Boats: Coaster 1 / Tri 1	1255

Wednesday 19 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 1 Race 2	
	Cruising Division B	1755
	Cruising Division A	1805

Saturday 22 <sup>nd</sup>	<b>Club Inshore Series (Triangle)</b>	
	Division 1: Club 2 / IRC 1 / AMS 1 / Shield 1	1255
	Division 2: Club 2 / IRC 1 / AMS 1 / Shield 1	1300
	J24/Etchells	1305

Sunday 23 <sup>rd</sup>	<b>Discover Sailing Day</b>	
Wednesday 26 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Standalone Sternchaser	
	Warning Signal	1755
Saturday 29 <sup>th</sup>	<b>CYCSA Opening Day</b>	

**November 2016**

Wednesday 2 <sup>nd</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 1 Race 3	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 5 <sup>th</sup>	RSAYS Opening Day	
Saturday 5 <sup>th</sup>	CYCSA Marine Academy SSSC Day 1	0930
Sunday 6 <sup>th</sup>	CYCSA Marine Academy SSSC Day 2	0930
Wednesday 9 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 1 Race 4	
	Cruising Division B	1755
	Cruising Division A	1805
Friday 11 <sup>th</sup>	<b>Offshore</b> Haystack Island Race (approx 200nm)	
	All Boats: Offshore 2	1925
Saturday 12 <sup>th</sup>	<b>Coaster Series</b>	
	All Boats: Coaster 2 / Tri 2	1255
Wednesday 16 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 1 Race 5	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 19 <sup>th</sup>	<b>Great Southern Regatta (2 x W/L)</b>	
	Division 1: Regatta 1 / Club 3 / IRC 2 / AMS 2	1155
	Division 2: Regatta 1 / Club 3 / IRC 2 / AMS 2	1200
	J24/Etchells	1205
	Division 1: Regatta 2 / Club 4 / IRC 3 / AMS 3	After Race 1
	Division 2: Regatta 2 / Club 4 / IRC 3 / AMS 3	After Race 1
	J24/Etchells	After Race 1
Sunday 20 <sup>th</sup>	Division 1: IRC 4 (Triangle)	0955
	<b>Great Southern Regatta (1 x FM)</b>	
	Division 1: Regatta 3 / IRC 5 / AMS 4	1155
	Division 2: Regatta 3	1200
	J24/Etchells	1205
Wednesday 23 <sup>rd</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 1 Race 6 Combined RSAYS Host	
	Cruising Division B	1755
	Cruising Division A	1800
Saturday 26 <sup>th</sup>	<b>Offshore</b> Jubilee Cup (approx 125nm)	

	All Boats: Offshore 3	1155
	Division 1: IRC 6 / AMS 5	1155
Saturday 26 <sup>th</sup>	<b>Coaster Series (Long Coaster)</b>	
	All Boats: Coaster 3 / Tri 3	1210
Wednesday 30 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Series 1 Race 7</b>	
	Cruising Division B	1755
	Cruising Division A	1805
<b>December 2016</b>		
Saturday 3 <sup>rd</sup>	<b>Club Inshore Series (Course TBA)</b>	
	Division 1: Club 5	1255
	Division 2: Club 5 / IRC 4 / AMS 4	1300
	J24/Etchells	1305
Wednesday 7 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Ladies Helm Standalone</b>	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 10 <sup>th</sup>	<b>Coaster Series</b>	
	All Boats: Coaster 4	1255
Wednesday 14 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Series 1 Race 8 &amp; Presentation</b>	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 17 <sup>th</sup>	<b>Club Inshore Series (F/M)</b>	
	Division 1: Club 6	1255
	Division 2: Club 6	1300
	J24/Etchells	1305
Wednesday 21 <sup>st</sup>	<b>Phil Hoffmann Travel Twilight Christmas Themed Standalone</b>	
	Cruising Division B	1755
	Cruising Division A	1805
<b>Sunday 25<sup>th</sup></b>	<b>Christmas Day</b>	
<b>Monday 26<sup>th</sup></b>	<b>Start of Sydney to Hobart Yacht Race</b>	
<b>Wednesday 28<sup>th</sup></b>	<b>Proclamation Day Public Holiday</b>	
<b>Saturday 31<sup>st</sup></b>	<b>New Year's Eve</b>	
<b>January 2017</b>		
Sunday 1 <sup>st</sup>	New Years Day Ballast Head Cup - Island Beach	
Wednesday 4 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Standalone</b>	

	Cruising Division B	1755
	Cruising Division A	1805
Saturday 7 <sup>th</sup>	<b>Queen of the Gulf Race (Long Coaster)</b>	
	All Boats: Regatta 1 / Coaster 5 / Tri 4 / Shield 2	1155
	Division 2: IRC 5 / AMS 5	1155
Wednesday 11 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Series 2 Race 1</b>	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 14 <sup>th</sup>	<b>Club Inshore Series (W/L)</b>	
	Division 1: Club 7	1255
	Division 2: Club 7	1300
	J24/Etchells	1305
Wednesday 18 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Series 2 Race 2</b>	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 21 <sup>st</sup>	<b>Club Inshore Series (F/M)</b>	
	Division 1: Club 8	1255
	Division 2: Club 8 / IRC 6 / AMS 6	1300
	J24/Etchells	1305
Saturday 21 <sup>st</sup>	<b>Festival of Sails</b>	
Sunday 22 <sup>nd</sup>	<b>Festival of Sails</b>	
Monday 23 <sup>rd</sup>	<b>Festival of Sails</b>	
Tuesday 24 <sup>th</sup>	<b>Festival of Sails</b>	
Wednesday 25 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight Series 2 Race 3</b> (Australia Day Theme)	
	Cruising Division B	1755
	Cruising Division A	1805
Thursday 26 <sup>th</sup>	<b>Australia Day Public Holiday</b>	

## February 2017

Wednesday 1 <sup>st</sup>	<b>Phil Hoffmann Travel Twilight Standalone Sternchaser</b>	
	Warning Signal	1755
Saturday 4 <sup>th</sup>	<b>Offshore Ardrossan (approx 70nm)</b>	
	All Boats: Offshore 4	1155
Saturday 4 <sup>th</sup>	<b>Coaster Series</b>	
	All Boats: Coaster 6 / Tri 5	1255

Sunday 5 <sup>th</sup>	<b>CYCSA Safety Day Flotilla For Kids</b>	0900 0900
Wednesday 8 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 2 Race 4	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 11 <sup>th</sup>	<b>Club Inshore Series (2 x W/L)</b>	
	Division 1: Club 9 / IRC 7 / AMS 6	1255
	Division 2: Club 9	1300
	J24/Etchells	1305
	Division 1: Club 10 / IRC 8 / AMS 7	After Race 9
	Division 2: Club 10	After Race 9
	J24/Etchells	After Race 9
Wednesday 15 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 2 Race 5 <b>Combined CYCSA Host</b>	
	Cruising Division B	1755
	Cruising Division A	1805
Thursday 16 <sup>th</sup>	<b>Adelaide-to-Port Lincoln Race Briefing</b> (at CYCSA)	
Friday 17 <sup>th</sup>	<b>Offshore</b> Club Marine / Lexus Adelaide-Port Lincoln Race (Approx 150nm)	
	All Boats: Offshore 5	1455
	Division 1: IRC 9 / AMS 8	1455
Monday 20 <sup>nd</sup>	<b>Lincoln Week Regatta</b>	
Tuesday 21 <sup>rd</sup>	<b>Lincoln Week Regatta</b>	
Wednesday 22 <sup>th</sup>	<b>Lincoln Week Regatta</b>	
Thursday 23 <sup>th</sup>	<b>Lincoln Week Regatta</b>	

### March 2017

Wednesday 1 <sup>st</sup>	<b>Phil Hoffmann Travel Twilight</b> Standalone Ladies Helm	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 4 <sup>th</sup>	<b>Club Inshore Series (F/M)</b>	
	Division 1: Club 11	1255
	Division 2: Club 11 / IRC 7 / AMS 7	1300
	J24/Etchells	1305
Wednesday 8 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 2 Race 6	
	Cruising Division B	1755
	Cruising Division A	1805
Monday 13 <sup>th</sup>	<b>Adelaide Cup Public Holiday</b>	
Wednesday 15 <sup>th</sup>	<b>Phil Hoffmann Travel Twilight</b> Series 2 Race 7	



	Cruising Division B	1755
	Cruising Division A	1805
Friday 17 <sup>th</sup>	<b>Offshore – Island Cup – 150nm</b>	
	All Boats: Offshore 6	1925
Saturday 18 <sup>th</sup>	<b>Coaster Series (Long Coaster)</b>	
	All Boats: Coaster 7 / Tri 6	1155
Wednesday 22 <sup>nd</sup>	<b>Phil Hoffmann Travel Twilight Series 2 Race 8 Series 2 &amp; Overall Series Presentation</b>	
	Cruising Division B	1755
	Cruising Division A	1805
Saturday 25 <sup>th</sup>	<b>Premier's Cup Regatta (2 x W/L)</b>	
	Division 1: Regatta 1 / Club 12 / IRC 10 / AMS 9 / Shield 3	1155
	Division 2: Regatta 1 / Club 12 / IRC 8 / AMS 8 / Shield 3	1200
	J24/Etchells	1205
	Multihulls: Regatta 1	1210
	Division 1: Regatta 2 / Club 13 / IRC 11 / AMS 10	After Race 1
	Division 2: Regatta 2 / Club 13 / IRC 9 / AMS 9	After Race 1
	J24/Etchells	After Race 1
	Multihulls: Regatta 2	After Race 1
Sunday 26 <sup>th</sup>	Division 1: IRC 12 (Triangle)	0955
Sunday 26 <sup>th</sup>	<b>Premier's Cup Regatta (F/M)</b>	
	Division 1: Regatta 3 / IRC 13 / AMS 11	1155
	Division 2: Regatta 3	1200
	J24/Etchells	1205
	Multihulls: Regatta 3	1210

#### April 2017

Saturday 1 <sup>st</sup>	<b>Offshore Macdonnell Sound (approx 70 NM)</b>	
	All Boats: Offshore 7	1155
Saturday 1 <sup>st</sup>	<b>Coaster Series</b>	
	All Boats: Race 8	1255

#### May 2017

Friday 5 <sup>th</sup>	CYCSA Presentation Night	1900
Saturday 13 <sup>th</sup>	<b>Short-handed Series</b>	
	All Boats: Short-handed Race 1	1255
Sunday 21 <sup>st</sup>	<b>Winter Series (RSAYS F/M)</b>	
	Division 1: Race 1	1155
	Division 2: Race 1	1200

Saturday 27 <sup>th</sup>	<b>Short-handed Series</b> All Boats: Short-handed Race 2	1255
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**June 2017**

Saturday 3 <sup>rd</sup>	<b>Short-handed Series</b> All Boats: Short-handed Race 3	1255
Saturday 4 <sup>th</sup>	<b>Winter Series (CYCSA W/L)</b> Division 1: Race 2 Division 2: Race 2	1155 1200
Monday 12 <sup>th</sup>	Queen's Birthday Public Holiday	
Sunday 18 <sup>th</sup>	<b>Winter Series (RSAYS F/M) – Plympton Cup</b> Division 1: Race 3 Division 2: Race 3	0955 1000

**July 2017**

Sunday 2 <sup>nd</sup>	<b>Winter Series (CYCSA W/L)</b> Division 1: Race 4 Division 2: Race 4	1155 1200
Saturday 8 <sup>th</sup>	<b>Short-handed Series</b> Standalone Destination Race – Pt. Vincent	0955
Sunday 9 <sup>th</sup>	<b>Short-handed Series</b> Standalone Return Race – North Haven	0955
Thursday 13 <sup>th</sup>	<b>Racing Association AGM</b>	
Sunday 16 <sup>th</sup>	<b>Winter Series (RSAYS F/M)</b> Division 1: Race 5 Division 2: Race 5	1155 1200
Saturday 22 <sup>nd</sup>	<b>Short-handed Series</b> All Boats: Short-handed Race 4	1255
Sunday 30 <sup>th</sup>	<b>Winter Series (CYCSA W/L)</b> Winter Series Presentation at CYCSA Division 1: Race 6 Division 2: Race 6	1155 1200

**August 2017**

Saturday 5 <sup>th</sup>	<b>Short-handed Series</b> All Boats: Short-handed Race 5	1255
Saturday 12 <sup>th</sup>	<b>Port Adelaide Sailing Club – Icebreaker Series</b>	

Sunday 13<sup>th</sup>

**Port Adelaide Sailing Club - Port Line Cup**

Saturday 19<sup>th</sup>

**Short-handed Series**